

6609 Royal Street, Suite #107
Pleasant Valley, MO 64068

Co-Director Diane Allen (816) 695-9355
Co-Director Charles Cooper (913) 853-0014
www.eclipsevolleyballkc.com

Upon attending Eclipse Volleyball Club KC Open Gym and Tryouts

Players Bring water with you. Please do not enter facility until 5 minutes before the start of your session.

Instructions that must be followed carefully by all participants

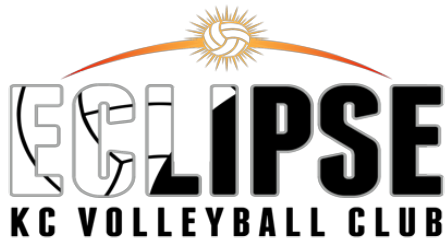
We are taking every precaution possible, and have instituted a number of policies to as we begin to open our gym under CDC, State of Missouri, and Clay County guidelines for interactions to prevent the spread of Covid19.

Please be aware of what we are doing and act accordingly.

Please pass this along to everyone that will interact with your daughters and family that enter our facility.

There are no longer chairs or a water cooler for participants.
PLAN ACCORDINGLY (see notes below).

1. If for any reason, your daughter or your family does not feel well, do not come to clinic or enter our facility. Err on the safe side rather than risk health issues to your family or others.
2. If your daughter or your family have been around someone not feeling well, do not come to practice or enter or facility.
3. Weather permitting (no rain or excessive cold), our garage doors may be open. You can sit or stand outside both doors to observe your daughter, as long as there is 6 feet of separation between parents (there is netting to prevent the balls from flying out the door).
4. Since families live far away or are driving under age players, the expectation of your daughter attending clinic by herself is not reasonable. Please take individual precautions if you are accompanying your daughter.



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- There are no chairs available in our facility at present.
 - Bring your own if you elect to not stay in the car.
 - Please clean any chair you use before and after you are at our facility.
 - Please maintain 6 feet of separation from any other observer.
 - ~~There is 45 feet of space in our observation gallery, plus room in the lobby to maintain safe distances.~~ (updated 11/6/2020)
5. There is no water cooler available at this time to prevent close interaction. Please bring enough water for your daughter (family) to last an entire session. You can use the bathroom sinks, but will need a small enough extra container to fill the water bottle. Do not share water bottles/drinks between participants. Be aware: ANY bottle or container will be thrown away if let behind.
6. ~~Our staff will be wearing masks during practices as a precaution and following Covid19 guidelines. It is up to the individual families if they decide to do so as well.~~ (updated 11/6/2020)

Face Masks Policy (effective 11/6/2020)

We are asking Players and Parents to do the following this season:

Mandatory Face Masks Usage upon entering Eclipse Facility

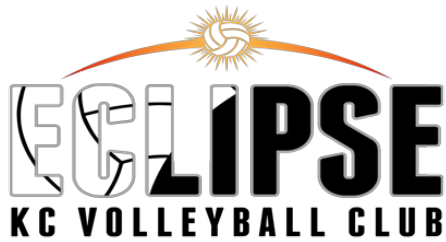
A mask is mandatory the entire time you are in our facility. Both entering, participating in practice AND agility sessions, and exiting. Please find a mask that fits over your nose AND mouth. A paper medical mask has been suggested as the most comfortable and easiest to perform in practice and cardio exercises.

Face Masks TIPS

- Keep your hands away from your mask and face as much as possible.
- If you are having problems breathing, let your coach know immediately.
- We suggest you purchase sanitizer that your daughter/son can carry in their bag.

We will be wearing masks at all facilities this entire season regardless of any County, State, or Facility rule. **Wearing a mask is mandatory in our program both in our gym and all other facilities we are in attendance.**

Our goal is to protect our staff and players because of the large intermixing of people from different environments sharing the same space.



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Players not feeling well before Practice or Tournaments

If you or your daughter/son are not feeling well, have been around someone not feeling well, or for any reason start to feel unwell for any reason or symptom, please do not come to practice or a tournament. Please err on the side of caution, but inform your coach via text **THAT DAY**.

COVID-19 Exposure, Quarantine, and Testing

If you or your family are exposed to Covid19, please quarantine for 14 days before attending any event with Eclipse KC Volleyball. In an ideal situation, we would ask you to retest to make sure you are negative, and provide proof that is so. However, we will not require this last step unless you have already done so.

For the month of November 2020, we are asking you to drop off your daughter/son and not come inside the building. We have eliminated our viewing area for right now, and will revisit this topic for December 2020.

Visitors using the Restroom

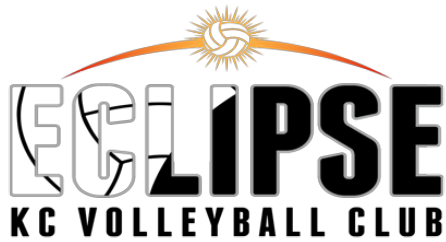
If you need to use our restroom, please put on a mask, sign in at the front, and use either restroom.

There is no room in our facility due to the fact that the teams will be working out on BOTH sides of the net.

We are sanitizing both our facility and our equipment, but the current situation is fluid. We are doing our best with these guidelines to extend our season. These rules are not meant to be capricious, political, or unreasonable. We are trying to prolong our season in as safe a manner as possible.

Other precautions we have instituted:

- Check-in sheet administered by a coach for all people entering our facility. This is for tracking purposes only, and no information will be shared outside of our facility unless directly required by the State/County.
- Cleaning procedures of high traffic surfaces at the end of use, and a through cleaning again of the facility once it is empty.
- Anti-septic wipes and hand sanitizer available near both bathrooms for use by staff and participants.



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- Asking participants to consistently and constantly clean hands with soap after bathroom use (20 full seconds after use), then use hand sanitizer before re-entering practice.
 - **Keep your hands away from face and minimize personal contact with other players.**
 - No sharing of water bottles, drinks or personal items between participants.
 - Any personal items left behind after participation will be thrown away.
 - We will no longer have a lost and found.

We have as many safeguards in place as we can, and will constantly observe and evolve our precautions as needed. We are well under the participant guidelines, and as we further open up our facility in the following weeks, will institute separation between groups to allow cleaning and minimize contact between individuals.

Be aware all health and physical well being or problems are the sole responsibility of the individual.

By signing this information, you are agreeing and taking full responsibility for the health and well being of your daughter and family. **

Please contact Charles Cooper at charles@eclipsevolleyballkc.com with any questions or concerns. I will do my best to fully explain what we are doing to keep your player and family safe.

Print Parent/Guardian's Full Name

Date

Parent / Guardian Signature

Print Player's Full Name

Date

Player's Signature